

**PRANIC HEALING** is a revolutionary and comprehensive system of natural healing technique that utilizes **Prana** to treat various illnesses.

Pranic Healing is based on the principle that body has the ability to heal it's self. It utilizes life force as fuel to initiate the necessary biochemical changes to make this happen. Using a scientific "no-touch" methodology, Pranic Healing can prevent and heal a whole spectrum of physical, emotional and mental ailments.

#### What is Prana?

**Prana** is a Sanskrit word meaning "**life-force**", the invisible bio-energy or vital energy that keeps the body alive and maintains a state of good health. Oxygen is part of Prana. Prana is also contained in the food we take, and **is present in the water we drink.** 

#### **Nontouch Energy Modality:**

Pranic Healing is a nontouch energy-based technique that accelerates the healing process through the use of "life-force" being directed to the part of the physical body that needs healing. Chi energies are projected to cleanse, energize, and revitalize the problematic area.

## **Conditions Helped with Pranic Healing:**

Pranic healing is effectively used:

- for chronic and acute physical, and psychological disorders and diseases
- to improve relationships and heal the past
- to materialize goals
- to increase prosperity and professional success
- to develop spirituality.
- Pranic Healing uses three basic techniques to correct these imbalances:
- scanning for energy abnormalities caused by negative, used or diseased energy, removing that energy and replenishing with vital energy.

Depending on what is happening in your body, your emotions may be heightened during the session. This release is part of healing. You are a participant in your health care and are always in control.

## What Happens during a Pranic Healing treatment?

**The first process is cleansing**, to remove the devitalized, diseased energy in the whole body or in the affected part and to remove blockages in the energy channels.

The second process is energizing to replenish and reinvigorate the body with fresh Prana or vital energy.

When the processes of cleansing and energizing are complete, the circulation of energy throughout the body is improved and **the body's ability to heal itself is greatly enhanced**.

Sometimes, just the removal of energy blockages and imbalances is sufficient to normalize the energy flowing through the body to the point where the body's healing process is suddenly accelerated, producing miraculous recoveries. Pranic healing can also help to prevent illness by harmonizing one's physical, emotional, mental and spiritual energies. It strengthens the immune system and enhances the vitality and quality of life, health and happiness.

Through advanced Pranic healing, people can be healed log distance. It can be effectively combined with any other form of treatment.

# **Founder of Pranic Healing:**



**Grand Master Choa Kok Sui** reintroduced Pranic Healing in its present form as a result of spending over eighteen years researching and studying esoteric sciences. He has written several books about his findings, including:

- Miracles through Pranic Healing
- Advanced Pranic Healing.
- Pranic Healing
- Pranic Psychotherapy

Based on the ancient texts and traditions of Chinese medicine, esoteric healing and a synthesis of many other Oriental healing techniques, Pranic Healing was developed after

decades of investigation and further experiments with medical doctors.